



Teenage Dating Violence & Sexual Assault Resources

STUDENTS

Teenage dating violence is a serious problem in our state and country. According to the Center for Disease Control's 2011 Youth Risk Surveillance Report, 10.6% of female and 12.4% of male students in Indiana noted that they were either hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend. The Indiana Department of Education has compiled this list of resources and organizations to equip **YOU** with tools to recognize and take action against teenage dating violence and sexual assault in your school and community.

Check It Out!

- *A Thin Line* – www.athinline.org – This website geared for high school students is prevention campaign against digital abuse. They give tips on how to recognize and draw the line on controlling and emotional abuse through constant messaging, digital abuse and spying issues experience by teens.
- *Heather's Voice* – <http://www.heathersvoice.net> – Heather's Voice shares the story of Heather Norris who was murdered by her high school boyfriend in 2007. The site discusses what is dating violence, warning signs for an abusive relationship, and safety plans for a date.
- *Circle of 6* – www.circleof6app.com - Circle of 6, an Android and iPhone application that uses text messages to reach out to your circle to let them know where you are using GPS, needing help getting home or an interruption, and connects users to nearby certified domestic violence organizations.
- *Love is Respect* – www.loveisrespect.org – This website geared for high school and college students tackles a variety of topics including dating basics, social networking safety, healthy relationships, and many more. Love is Respect provides offers handouts, posters, quizzes on healthy relationships and partner abuse, and how you can take action against teenage dating violence at school and in the community.
- *The Halls Boston* – www.thehallsboston.com – The Halls Boston is an 8-episode web series geared to high school students especially male to spark discussion on how to end gender- based violence and promote healthy teen relationships. The series focuses on the lives of 3 male students dealing with their own issues of masculinity, trauma, and relationships in addition to one of their classmates being accused of raping a fellow student. They also provide a discussion guide for you and your classmates to follow as you view The Halls.
- *That's Not Cool* – www.thatnotcool.com – This interactive resource has videos, games and callout cards on recognizing teen dating abuse, sexting, and digital abuse. The site also hosts the Talk It Out Forum where students can ask questions on textual harassment, communicating clearly, and constant messaging from their boyfriend or girlfriend. That's Not Cool Ambassador program allows teens to organize activities in their school community to raise awareness of digital and dating abuse.

Additional Resources

- Domestic Violence Network www.dvconnect.org
- National Teen Dating Abuse Hotline – www.loveisrespect.org - 1-866-331-9474
- National Domestic Violence Hotline 1-800-799- SAFE (7233)
- Rape, Abuse & Incest National Network – www.rainn.org – 1-800-656-HOPE (4673)

Learn more at www.doe.state.in.gov/student-services/identifying-teen-dating-violence.





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PARENTS & GUARDIANS

Teenage dating violence and sexual assault is a serious problem in our state and country. According to the Center for Disease Control's 2011 Youth Risk Surveillance Report, 10.6% of female and 12.4% of male students in Indiana noted that they were either hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend. The Indiana Department of Education has compiled this list of resources and organizations to equip parents and guardians with tools to recognize, discuss and take action against teenage dating violence and sexual assault with your student, school administration, and community.

Websites

- Dating Matters - www.vetoviolenecdc.gov/datingmatters – Dating Matters, developed by the Centers for Disease Control and Fifth & Pacific Co., is geared for individuals working with youth between the ages of 11-18. They offer a 60-minute interactive training, strategies, and tools to address teenage dating violence. This program helps educators to identify teen dating violence, recognize the warning signs of victims and perpetrators, and communicate to students healthy relationship habits.
- Circle of 6 – www.circleof6app.com - Circle of 6, an Android and iPhone application that uses text messages to reach out to your circle to let them know where you are using GPS, needing help getting home or an interruption, and connects users to nearby certified domestic violence organizations.
- Stand4Respect - www.stand4respect.org – Stand4Respect is a program of the Indiana Coalition Against Domestic Violence for middle and high school students. It provides helpful information on modeling healthy relationships, access to teen dating violence preventionists across the state, and how to initiate conversations with your student and school administration.
- Rape, Abuse & Incest National Network (RAINN) – www.rainn.org – 1-800-656-HOPE (4673) – RAINN is an anti-sexual violence organization that operates the National Sexual Assault Hotline and works with numerous rape crisis centers across the country. They provide information how to reduce your risk of sexual assault, how to report the crime, and the effects and recovering from sexual violence.
- Start Strong – www.startstrong.futureswithoutviolence.org – Start Strong: Building Healthy Teen Relationships is a teen dating violence prevention program geared to parents of students between the ages of 11-14. This website provides informative resources on the prevalence of teen dating violence, its disastrous consequences on physical and behavioral/mental health, and digital abuse in relationships. In addition, they have webinars and workshops on creating conversations, relationship upstander versus relationship bystander, and tips to support your teen during and after a break up.

State & National Resources

- Domestic Violence Network – www.dvconnect.org – 1-317-872-1086
- Expect Respect Austin Teen Dating Violence: Tips for Parents - www.expectrespectaustin.org/parents
- Indiana Coalition Against Domestic Violence – www.icadvinc.org – 1-800-332-7385
- National Domestic Violence Hotline 1-800-799- SAFE (7233)
- True Child: Let Every Child Shine – www.truechild.org

Learn more about these resources at www.doe.state.in.gov/student-services/identifying-teen-dating-violence.





Indiana Department of Education

Glenda Ritz, NBCT
Indiana Superintendent of Public Instruction

Teenage Dating Violence & Sexual Assault Resources

EDUCATORS

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Websites

- *Break the Cycle* – www.breakthecycle.org - Break the Cycle, a nonprofit organization working to prevent domestic and dating abuse, offers a wide array of resources including their Love is Not Abuse curriculum for high school students. The Love Is Not Abuse program includes easy to follow lesson plans that inform and empower educators to provide for small and large class groups. Love Is Not Abuse was developed for English language arts classes, using literature and health education to help students develop tools to recognize and respond to dating abuse.
- *Dating Matters* – www.vetoviolence.cdc.gov/datingmatters – Dating Matters, developed by the Centers for Disease Control and Fifth & Pacific Co., is geared for educators working with youth between the ages of 11-18. They offer a 60-minute interactive training, strategies, and tools for educators to address teenage dating violence. This program helps educators to identify teen dating violence, recognize the warning signs of victims and perpetrators, and communicate to students healthy relationship habits.
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